New Paradigm of Living Membranes

Dr. David Clements,
Pam Gregory

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Dr. David Clements previously worked as a theoretical physicist but is now a Living Energy Systems expert. Here he shares how some high frequency multi-dimensional energy bubbles are being formed around our Earth and Solar System and what that means for us.

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> *There are what many might consider some archetypal upheavals and very informationally challenging times ahead:…*
> "Be of good heart for no matter what you hear and see, it's related to old paradigms and it is moving away. And we ask you as heart-centered beings, the very simple and powerful thing you can do is practice being in the space of your heart intelligence, practice being in the stillness, practice being in the peace of it for when you are there, it's like being in the eye of the storm, you are in the center of peace, you are blissful, nothing spinning around you is affecting you, and it really doesn't affect your energy at all, you can sit there smiling like the Buddha, we thought you'd like that one, but it is very true. Laughter, joy, peace and bliss, these are very much interchangeable energies even though it might seem that they're not laughter being full, but it's all part of the same Source energy, it's the same qualities."
> And so they're saying that "The necessity of what's coming to come forward is these are necessary steps to undo all programming and release all programming from people, even though they don't even, they may not even be aware they have

it. And so this is part of the process. The more relaxed, the more fun and just *allowing* and just, particularly when you hear pieces of information that might be shocking to you, it might challenge your narrative of what you think the world is or is not or etc."

They're saying, "Be at peace with it. Know that the real foundation of how reality works is held in the highest possible hands. Things haven't gone wrong. This is the clearing of your reality perception from old rubbish that has been causing you to believe that your world is full of chaos, full of dross, full of awfulness and that kind of thing. That is going to disappear. It is disappearing rapidly."

And they're just asking for people, "Allow yourself to be in the center of the eye of that storm. Be in joy, be in peace, allow what needs to come, free from you, to come free. Don't react to it and you will sail through this very well."

PAM: Hi everyone, I know you'll be absolutely thrilled to see that I have David Clements back again. David and I have had several conversations on this channel. He moved, as you'll know, from our past conversations from being very academic mainstream, a theoretical physicist specializing in string theory to something completely different. Left his double PhDs behind and is now working as a living energy systems expert. And I know that he is very much loved by all of you out there. And also, I'd like to say very much trusted as a real genuine authentic voice. So can't wait to speak and share with you again, David. Welcome.

DAVID: Thank you, Pam. I love doing these chats with you. And thank you so much for inviting me again.

PAM: I'm really happy to be here. It's great. We never rehearse these. We just kind of just let it rip. I never quite know what's going to come out. But yes, such exciting times, David. I'd just like to recap because I don't think we've covered it on my channel here, just a sort of quick recap because you'd been told by your teams that a new

wave of evolutionary consciousness essentially was going to begin on the 4th of December.
And yes, of course, that that was a full supermoon that was very powerful. And we did indeed have a very powerful wave of consciousness coming in because I know you felt it very profoundly. But so did many, many people. I thought you had 2,000 people on that live stream and so did the chat saying, yes, I felt it. I noticed that. Yes. And he also said that there are membranes inside the earth that had been dormant for, I think millions of years that were now being activated by the beginning of these new waves of consciousness. So it might be really helpful for people if they're not aware of that for you to share that with us a little bit.
DAVID: Yes, I'd love to. Yes, it was kind of like I said, in the pre chats, and my teams have had been sort of, I guess, coaching me, you could say about the idea of membranes for the last sort of number of years. But it was always sort of just sort of sporadic pockets of information. And when we did that meditation, I had no idea they were going to talk about that.
I usually tune in beforehand and get the theme of what's going to be done. And it's very spontaneous. And it's the ISI comes through, the Infinite Source Intelligence, my high self and the teams together, and they bring through what they wish to offer.
And they added this new idea in, and it was very cool, because I realized, oh, these are very similar to the membranes you've been telling me about for a while. And for those who are new to this, and perhaps new to me as well, so what they were showing was that inside the earth, there were what they were, there could be more, I don't know, but what they showed me immediately was that they were 12 nested, like what looked like bubbles when you get like a bubble, bubble solution, you blow bubbles out looks exactly like one of those, a membrane, essentially.
And they were nested in each other, 12 of them, going from the sort of slightly closer to the edge of the surface all the way down in towards the core. And these were coming back online, they were activating. And what they later on showed me was that other planets have similar systems, and they're all part of a very prominent or

profound energy system of connectivity between the planets that is multidimensional, and is related to this, I'm not going to call it membrane technologies the wrong word, because it's not like we have it's a very advanced form of conscious formation, and it's multidimensional.
That's the best I can really articulate it right now. But essentially, inside these membranes, they were saying that you can design physics exactly or the motion of energies exactly as you wish to.
So they're like enclaves or environments literally like a bubble of an energy environment, so to speak. And then the earth had 12 of them, and I suspect maybe more, I don't know.
So I'll let the teams tell me when they're when they're ready or what they wish to share. But they did say that that Earth had been very dimmed down because of the move into density that humanity had taken.
So the operational state, you could say, these membranes had to be sort of quieted and down, because the kind of energies that emanate and radiate with from within and inside these membranes is can be quite off the charts.
And that's just putting it mildly. And so to have this experience, it almost seems fitting in a sort of common sense kind of way, that they had to be stepped down because there would be too much high energy and people wouldn't be able to kind of wouldn't be able to hold a low density state they just flip right back up again.
Now that that's my interpretation of that that's not information that's come from the teams. That's just my puzzle piecing together from what they said. But it does seem to fit.
And so what they were saying is that at the moment, the two planets that had the most prominent active membranes and had through even though Earth sort of dip into density were Venus and Jupiter.
PAM: There are bonific planets in the stroller. Yes, yes, which is very interesting.
DAVID: And in the greater bonific in the stroller. Ah, yes. And Venus in particular had very prominent and varied that the membrane system within Venus was really rocking, so to speak. It was very bright and it was emanating very powerfully. And Jupiter seemed to

be sort of you know, not to put them side by side, but you know, in terms of emanation, it was definitely next to Venus in that way. There's still a lot more to understand about that.
So this is just sort of like the tidbits of the overall pictures, so to speak. But what they were saying is that there are even membranes within the star, the solar system, the orbits themselves are interrelated to this membrane functionality as well, how these membranes work. Now, the whole solar system feels like it's being moved into a more multi-dimensional, synergized state, which is very beautiful.
And it does seem to involve these membranes on a very fundamental level. And there was an interchange or an exchange of energies multi-dimensionally between membranes, a little bit like what comes to mind is tuning forks. You know, if you had an A and an A and you ding the A and you move them close, suddenly this A will start to ring as well. There's an energy transfer because they can resonate. If they can resonate, energy can transfer between them in a very simple overview. Whereas if you take a B and then you ding the A and you move it, nothing happens. There's no energy transfer because there's no resonance between them.
And so in a similar way, I believe my human sense, if you like, of these membranes is that there is a multi-dimensional synergistic communication between planetary systems that is coming back online and it's becoming alive again. And so the solar system as a whole seems to be moving back towards a large living energy system rather than just what seems to be or has an apparently of individual planets just going on particular orbits doing their thing.
So I'm excited to see where this goes. I mean, there's still so much more information to learn about this and they give me tidbits every now and again when I'm ready for the next stage. But to me, this is really super exciting.
PAM: So David, you saw the sort of the bubbles you've been talking about when we had our chat the other night, the ground earth and our whole solar system and each of the planets within it.
DAVID: Yes, yes, that's correct. Yes. And the other one that they mentioned, because you mentioned about the 4th of December

about the waves coming in and yes boy was the energy off the charts. I'm pretty sensitive.
And I didn't expect to feel much when they gave me the heads up, I think, when you asked and it was actually by your asking the question that they brought that date through, I wouldn't have asked it for otherwise. It's just like, okay, when it's going, it's going. And you said when were the waves going to come through and they just came straight away 4th of December. And so I've they didn't, I've not one for predicting things because it's the future is very much in flux usually. But I was, I'd be interested to see what happens on the 4th now that they've said that.
And when I woke up, yes, the palpability, the visceralness of the energy that I felt was off the charts, I woke up and I said to my wife, wow, do you feel that? It's like the whole energy of the environment has just rocketed up. It was really palpable. And so I did the line stream that following Sunday and I thought just out of cheekiness, I thought, did anybody else feel anything on the other Tuesday? As I, and like you said, everyone was saying, yes, yes, we all felt this. And I thought, wow, that's pretty cool confirmation of everybody else sensing that too. And they were saying it was these ways that were impulsing from the Sun because they had those massive craft that were modulating the Sun.
And they're all interrelated to these membranes coming back online as well. There's this huge multi-dimensional, what could you say, family initiative cooperation, whatever you want to call it, of high dimensional expanses, beings that have high dimensional forms field forms, not necessarily physical bodies, that were working on this. And it's part of this grand project to, to essentially, in any mind interpretation again, to bring the solar system back into a greater alignment with this massive greater family of light synergy, if you like, to try to find the right words, but that seems the most appropriate. And so that's where we headed it's, it's such a massive, what could you say? I mean, the celebration, the, the, the joy that comes with this and knowing where we are headed is, for me, is quite profound. It really is.

And that we're moving in ways that are so big and so expansive, and it's not just us on this planet, it's not just us in the solar system, we are being reintroduced to vast expanses of different beings, different intelligences that all come together, and are saying, hey, humanity welcome back to the family. So I feel that's essentially in a very, very beautiful nutshell way, what is happening.

PAM: Amazing. I was mentioning to David just before we started to record this and people I'm aware of locally who didn't have a particular spiritual worldview or philosophy, and they were very, either very angry and fighting against the system, or the oppressed about the system or whatever. And since the 4th of December, three people I know have gone through a real kind of epiphany, where they're now just kind of living in bliss. And they just completely changed beings and they've got no real explanation for it. It's so interesting because I think you described your experience on the 4th as one of huge bliss.

DAVID: And I mean, it was. Yes, it was definitely. And one of the things I wanted to add there as well was that there was another membrane they spoke of, which was going to complete around now, either today or tomorrow was going to be a complete this. They told me about two weeks ago, that was around the 15-16th that it'll be completed.

And it was a membrane that was forming around low earth orbit. And this was to do two main things. There are quite possibly others, but these are the ones that were described to me. Number one is that because of the modulation of the Sun and it's going to give off these powerful energetics. It was designed to both effectively. Shield, I guess is appropriate word because there'd be a lot of physical sort of things coming off the Sun, CMEs or coronal mass ejections.

And we're seeing a lot of those right now. And as they impact, it's going to modulate or make sure that what passes through the membrane is optimum for the best evolutionary process for everything inside the membrane. And I remember you asking the question before about is there going to be this big solar flash, so it's going to rocket towards the earth and everything and what have you.

And I always got the feeling from my team that's not going to happen like that. I mean, it would be utterly counterproductive. It would in just a simple human common sense way, it would be the point that we come all this way just to have that happen. That doesn't make any sense.
And so they never gave me any more explanation than that. But now it makes sense because they, these beings have the ability to create membranes and design the energy motion within them on scales that we can't even fathom. It's not even an issue to them.
So everything is really handled at a very, very high level by beautiful and immaculate intelligences that are looking to help and evolve this solar system and humanity onto back into higher alignment. And so there was never any an issue of even if there were going to be some big CMEs, it was never my sense from them is it was never going to be an issue that there was going to be any events that were going to impact humanity in such a devastating way.
So this membrane explains a lot to me because the Sun can go through its processes, it can do all sorts of things. But the energies we receive through the barrier of the membrane are perfectly suited at every given stage to what we need to elevate us forward. Now, secondly to this, inside the membrane, they are altering the energetics.
So what they're doing is they are changing the environment, the energetic environment. And to me, I've said it many times before, physics is just a synonym for energy behavior. It's the study of how energy moves or interlates and bounces off each other yada, yada, yada. But that's, that to me is just energy behavior.
So they can change the energy behavior in the environment of these membranes. And it's interesting because the term membrane is known to science in strength theory membranes is or their version of what they call membranes is there, I don't believe they've it's not talked about like it is here. It's a very different I think that modern physics understanding of dimensionality and membranes is not quite, let's just leave that one there.
But these membranes, what they're doing is they're changing the environment so that now within the environment of this low Earth

orbit membrane, it's going to raise up and up and up quite fast. So what they're saying is in the past, you seeing this sort of up tick, up tick, up tick, up tick with these little drops as people get a shoot of energy and then it drops down and they get to deal with the stuff that comes up, then they raise up again and each time they get a little bit higher.
But now they're saying with a membrane on, it's going to start going up like this, it's going to really start to ramp up. And I feel that's what we're seeing now, particularly with a lot of people's reactions and stuff that's coming out of them, because now the shift is really launching into a new gear 100%.
And so what they're saying is because of this membrane, it is now possible for people to align themselves and within the core intelligence within to their fifth dimensional quality and be living at that level and now even lower six dimensional as well, which wasn't seen as a possibility before.
Now one of the other cool things they did say is because now this membrane is on, depending on how people make choices, the work they do, the things that they choose to like, etc. It may even be possible to change the environment to allow people to reach the seventh dimensional expression of existence also about me.
And I'd never thought that was a possibility beforehand until they were talking about this, but they were saying that is now a possibility. It does depend on people's choices. You can stay in the density of you, carry on in the same old dramas and stuff.
But it is given this inner environment, it is extremely exciting because the possibilities of what people can now reach for in their alignment, their inner alignment and how easier it will be to connect within. And I believe how easy it will become to let go of stuff, as well, is really, really exciting and very, very profound.
PAM: Well, thank you, David. So is the membrane and these much our energies, is that are they acting as an amplifier for wherever you're at? Because we're seeing the world get kind of wilder and crazy by the hour at the moment.
So is it an amplifier of wherever you are? So if you're on a path of trying to hold calm and peace and love and join compassion in your

heart, that has certainly seemed stuff the potential to be amplified. But equally, if you're on a kind of fear, angst, polarity focus, is that being amplified as well at the moment?

DAVID: The way I choose to describe it is that what is making possible and the levels of stillness and serenity that I've been able to feel since this has gone on. And with the activations the teams brought through with the stillness.

And I share an experience I had last night actually, which is interesting. It happened to be the night before doing this interview, is that I had this experience of this Source energetic coming through with such a stillness as I have never felt before. And the ecstasy coming through that the heart itself, my heart tissues and everything was like every cell in your heart being tickled to such a high degree that it felt everything was just emanating. It was just so beautiful and blissful but so incredibly peaceful.

And I believe these are instances that are going to be available to people more and more as they choose to open and relax and allow from within, because this process isn't to do with fighting or making things happen in my view.

It's very much a process of letting go and allowing the inner intelligence to present itself and to come forward in a way and to allow it to immerse in you to synergize with you.

And you will quite naturally like going into a nice warm ocean or something like you just bathe and then you just relax into the water and just, ahhhh, and let go. It's a similar kind of experience to when you allow that beautiful intelligence to come through and you just let it pervade you and just relax into it. Everything just takes place for you in that way.

Because humanity has been so used and taught from a very young age to struggle, to strive, to fight, to push and plan and everything else that people have been taught to do. It's kind of an autonomous program in a way in many people.

And I've had that myself, so I totally understand that when I've come from that camp. And so what I would say to coming back to your question is that what they were very clear on is because the environment was going to get quite high in a much faster sort of

succession, what was going to happen is that it was going to bring out people's stuff much faster.
And so rather than sort of, I would say perhaps instead of the word *amplify*, I would say it would, it will *highlight* much more specifically. It's probably the word I choose to use. And so I think that's what we're seeing. I know in my personal experience you're seeing that people are getting a little bit more edgy, more reactive and a little bit more fiery.
And it really to me is the sign of, okay these are the old energies coming out. And to practice an art form, if you like, of saying, okay, can you just allow them? That word *allowance* has spoken many across many different ways in this community. But the art of just allowing energies without engaging, engaging them is somewhat of a bit of a practiced thing to do for us human beings.
And it's almost just to the more you can find that stillness, that still point, the piece within your core, that will become easier and easier and faster to do the more you do it.
And you'll just, it will become quite natural. And this is why these beings, when I have these experiences, they're so peaceful and graceful, they know everything that's going on on this planet, they see the ugliest stuff you can imagine.
And they see the most beautiful things that you can possibly imagine. They don't get upset. They don't get reactive, they don't get triggered they're incredibly peaceful, incredibly centered because they can respond and not react. There's a very different thing between responding heart-centeredly and intelligently from the heart center, rather than reacting and all sorts of outbursts and kind of things. But the outbursts are really, that's really just to me a key that things are coming out of use.
So someone's presented themselves upon your request, you've emitted the energy and someone's come to you. They've poked your buttons and now it's, it's activating and bringing out stuff inside you that was a part of that request. Now you get the choice. Do you want to keep this? Do you want to keep going through these kind of experiences by holding it back down and letting it run its, its course again? What do you now want to let it go and move on so you never

have to have that experience again? You know, and that's those are the choices that we have, we have to make.
So I see that happening a lot and they said that that is certainly going to happen more and more and more. And this is all, I feel my high self-sink that they are very much aware that for some people who really are holding on quite tightly it might feel quite intense because the amount of which they're holding on to is actually the intensity. It's like a tug of war. You're pulling this way and they're pulling really hard that way. No one's moving and you're putting all this energy into the push-pull and nothing is actually moving.
And it's very similar for us as human beings. You know, we don't realize sometimes the depths and how exactly we're holding on to things. We just feel the surge of the experience of the yuck of it as it comes up. And so that's just something to bear in mind going forward for people as a helpful message, I think.
PAM: I can easily drop into bliss in scenes such as you have behind you, David, that can just... Yes. So are we right at the beginning now, either of a new cosmic consciousness or the remembrance of an ancient cosmic consciousness? What I would say is this is something that is very new.
DAVID: The energetics being introduced, the levels of access and the types of consciousness that we're being offered is very new. This is a clearing away of a lot of old as well because a lot of everybody on this planet, as far as I've known I could be wrong on this. And my interpretation is that nobody is people have had many different lifetimes and many different systems, many different experiences going back without beginning because the concept of time that we're used to in linear time, sequential segmented time as we experience it is not the same as it operates elsewhere you know, it's a funny thing. And, and so there's a lot of experience that people are bringing forward on this earth as they're experiencing these energies with the opportunity to clear loads from the old to literally shift their paradigm into something completely new.
So I very much see that that is the case and it's not just for us by us going through this there's said many times that there are many races with eyes on here because there's something very particular and

special about where we are the planet we're on as a whole mix of circumstances coming together, which makes what we're going through very, very prominent.
And by us puzzle piece solving this level of density and rising up so high to fifth and even higher possibly means that the solutions I'd say critically dense puzzle pieces can now be fed into everywhere. And so simultaneously other systems will just lift up without, whoa how did that happen? Well, because all of the puzzle piece solutions are now into all of the grids and everybody can just access them it's this beautiful sharing, and I believe that's the way the universe was designed. It was designed so that whatever anybody else experiences in their own uniqueness and whatever they solve as part of their journey of expansion and self-development is actually available to everybody else as well and as one does one and another one does and this one does it suddenly avalanches and exponentially everyone starts rising up together. So that's as I see it. That's how I believe that it works, definitely.
PAM: Yes, lovely. So because everything at the end of the day is interconnected, isn't it? From the way you're talking, David, it's like, we'll find that the whole universe is one conscious organism. Yes, exactly. It definitely is. And we're all just whether we're a person or a planet, we are just practical expressions of that divine intelligence.
DAVID: Yes, and in many ways, I suspect this does come back to the membranes. And here's the cool thing when I was when they were talking to me at the membranes, suddenly occurred to me and I'm sure they may have dropped it in say, well, the phrase, the music of the spheres, my favorites. Yes, is so common in spiritual circles, but no one seems to put it down to what it means, but it does seem to have a lot of wisdom and there's something very profound in that phrase music of the spheres.
And I did wonder and I thought would this be a very good example of what many people discuss of the music of the spheres?
And it was a very, it's, yes, it's a big yes. Because I believe that they had shown me before that human beings have their own membranes as well these fields within fields within fields nested membranes. And as you're ready and as you evolve the interior of particular

membranes start to raise up and change the environmental energetic so that you're ready to experience different higher level of exchanges from through the barrier of each membrane, so to speak. And it's not so much that the barrier sounds like a bit of an odd word and perhaps it's the wrong one to use. It's more just the membrane you know, itself it's not a barrier in of itself. And so yes, there's the whole thing is just one beautiful living system.

And it's and the trouble with what we've gone through the densification, we've become so unaware of the living energetics, these living energy systems that we've become fooled into thinking there's separation, things don't communicate, there is an energy synergy, all these guys, we're all just somehow separated and just scrapping for our pile of the pie over here over there kind of thing. And it isn't like that at all, that's merely a false perception based upon being in such a dense state that you have temporarily lost a sensitivity to the greater energy workings and synergies that are actually happening in high levels. So yes, that definitely would be the way that I would speak of it.

PAM: Great, thank you. And is it my strong sense, David, is that each of the planets actually represents a particular resonance, magnetic resonance, and a particular aspect of consciousness. I mean, the mythology and the symbolism is quite different from planet to planet, and that we will start much more easily to communicate with those aspects of consciousness, because of course, everything isn't just out there, it's in here. The more we understand the out there, it's because we're understanding more being here, and our consciousness is expanding. So is it that we will be able to communicate not just to these spinning rocks, but to different aspects of our consciousness in a much more profound way?

DAVID: Yes, indeed. Again, I'm still learning a lot of this myself as well as the teams are communicating, but what I would say is so far that it seems that as the membrane systems in a particular human being start to evolve and start to essentially sort of charge or fill with new multidimensional energetics, suddenly it now becomes possible for new interconnectivities and flows to happen between you, the planets, different consciousnesses and other things like that.

So it's a good question as to how much of people's personal membranes not working or operating properly is actually part and parcel why many people say, oh, I don't have such communication, or I don't feel this, or I don't sense this, whereas other people do. So that might be an interesting thing to explore with my teams, but they're kind of smiling. They're kind of saying that essentially, there's such a beautiful rich tapestry to this whole thing.
And one of the ways to, what they're showing me is if you imagine a field of oneness, everything's interconnected, there's perfect flow, there's no separation, there's no individuation, so to speak. And then a bubble forms. And then within that bubble, you can change the environment so that it looks slightly differently contrasted to outside. Now you have the appearance of something that is individuated within the unified field. Oh, now you can create more bubbles within more bubbles with different experiences and so forth.
And then suddenly, quite differently these innermost bubbles have a very different experience because the energy environment within has been set up differently.
So while you're in there, your consciousness sees things perceptively very differently. And so it begins to seem to me that perhaps the simplicity of the foundation of reality, and I'm maybe being a bit bold in saying this, is that it comes down to these membranes or these different varying forms of these different membranes in one way or another. That's just something I thought of saying because that's kind of what they were sort of impulsive to me. So that will be interesting to kind of feel on that more and kind of feel what they're saying more deeply as time goes on. But it does seem that because they've always said that it's much more simple than you can possibly imagine physics tends to, and I'm having been a physicist, I know, full well how complicated things can get and you know, and the trouble is that the complexity misses the simplicity. And when you miss a simplicity, it's very easy to miss the truths of what's going on. And I'm starting to see things in a much more very beautiful, elegant, simplistic way with the way membranes operate. And they did say that this this goes in scale. Think about atoms, atoms themselves have nested membranes in them, what actually

forms, how does energy compress and form the way it does in coalesce into what we call matter? Well, membranes are involved with that.
And so quite possibly this beautiful idea of the music of the spheres is in everything. And when we talk about fractalization, well, quite possibly these fractal step downs are actually these membranes. It could be that's a just a lovely little thought I had the head just to and so I'll be talking with my teams a little bit more about that to see if that's.
PAM: Well, this is just so fascinating. And this is a very unfair question, David, because you're not in astrology. But do you have the feeling that the symbolism, the mythology of the planets will change as we move into these more evolutionary times?
DAVID: Yes. So the impression I got from my high self and the teams that are communicating via my high self was a big yes straight away. Yes, things are going to change because they're saying the energy systems currently prevailing are undergoing this transition and moving into different living energetic systems.
So things are going to change. One of the beings here is like this. They usually do that when they say we don't want to spoil the surprise is that what's being said here, my high self, yes, in a word. They're saying much of this just needs to unfold. We need to get the sense of it first because one of the things they're very keen on and they've told me this many times in my own path is that don't try and get ahead of the curve mentally on things because you haven't had the experience of it yet.
And I've because the mind can be real kind of wants to go out there and cross all the teas and don't all the eyes quite quickly. And I know that very well for my own experiences as well. And they're saying the trouble with that and the Arcturians, I'm pretty sure I mentioned this on your show before that they said when I was trying to make the system, this coil system that they were teaching me.
And I was getting a bit frustrated and a bit sort of bogged down and they just said, just relax take your hands off and just saddle yourself into stillness. And they said, you're going to understand that living

from your heart center intelligence is very different from living from your mind intelligence.
And right now what you're trying to do is you're trying to analyze this from your mind intelligence. But your mind is beautiful. It has an instrument it is. It's not designed to perceive the level of the energetics and what we need you to feel and perceive here in order to do this.
So that's very, very different. And I think that's why they're really encouraging people. So it's not like they're withholding and saying, no, no, no, here's the carrot. It's not like that. It's more they really would love people to move because I think this is part of the movement of what we are in. We are moving to a heart centered intelligence living human being form and experience. That's my view and my belief for what the teams have showed me and what the Source Intelligence has shown me and what I've experienced myself.
And that entails living the experience itself and once you've lived the experience, then you can have your mind apply and do sorts of things and kind of put things over here and change things and do other things with it if you want to. But it's for me, the humanity so far has lived in a way where the mind has had taken the precedence of how things go when we're how why. We're changing from now that to the heart intelligence where we have this beautiful experience of the heart intelligence, which is not what the mind intelligence is designed to work with or have any ability to have perception of.
But then when this synergy between the heart and mind occurs, when the mind then becomes an extension instrument of the heart intelligence, the then immaculate thought creation and the beauty of the mind will really come into a plane in its own then because while it's separated and working on its own, it can sometimes a lot of the times it can take the wrong path and do destructive things rather than rather than positive things.
So that is also another synergy and another healing that's taking place as well, I feel. But to come back to your question, I feel that is it's all taking place together. Nothing, nothing of this in my view is separate. It's all moving together. The solar system, the planet in the

core of the planets in our Earth as well, and within us, everything is moving in synergy together.
So that's as I see it. So we will be exciting to see how things do change in in the way you ask the question there because I think it's they are smiling a lot now, which means that there are some pretty interesting and big things coming, but I don't think they want to spoil the surprise.
PAM: There's maybe two or three months ago, David, about there being six or seven evolutionary waves such as we had on the fourth continuing through 3.6. And do you still feel that's the case?
DAVID: Yes, they're actually saying there's going to be more now. That's interesting. That's the first time I've heard that information. Okay, so my high self, would you like to highlight anything further their own Pam's question.
So they're saying because of the rich possibilities, what has happened inside the waves, how people have responded by allowing the energy to evolve and work with them and with the completion of this membrane, they're saying they now see more instances of these waves coming through in the membrane and going faster.
So they're saying, you humans really are going like wild horses. It's crazy. You're at the fire horse starting on the. Yes, yes, it reminds me it's a very old film. It's an old fantasy sci-fi called Crow where they had fire mares where they had horses that could create fire under their feet and fly in the areas is I was I love that as a kid when I was a young, I just had this image of that happening. But yes, they're saying that the human beings, for the majority are working very well with the energies coming through and they're saying, yes, there are a lot of instances of people stuff coming up and that is expected. They're saying it has to be that way because stuff simply needs to shift. It has to come out of you.
And they're saying they've used this analogy a lot where if you have a mud, lots of mud in a cup of water and then you start pouring crystal, crystal clear water in, eventually it's going to burrow down. It's going to root all that stuff out. But all the rubbish is going to come pouring out of the top as it does.

So your nice clean exterior of your glass is going to get real dirty every time that happens. And that's an analogy of the way that it happens and it can feel pretty darn awful when stuff comes out. I've been through many, many examples myself of big archetypal outpourings that feel rotten to the core when it comes out of you. It does. And they've kept saying to me many times, just allow, just allow, just allow, do not engage, do not entertain it, do not engage it, do not think, oh my God, the sky's falling, no, it's not. The sky is actually opening up for you. That is why this is happening. But you're going to see the rubbish leave as it goes out, the door. That's what you're going through right now.

So I hope that little bit of information is helpful to you people watching this because I think a lot more people are going through these processes right now of deep outpouring because this energy is so high and so it really reaches in. It's really getting to the core of things and really dredging this stuff up.

And it's just important just to relax with it and be playful. Don't try not to get caught in the doldrums of things and get down with things. I know it's sometimes quite difficult. But if you can just get out and say, you know what, it's like my team say to me, don't sit down and wallow in it. Just get up, go in the forest, go by the beach, do something. Just let it do its thing and just keep yourself from getting spiraled down in it.

And it will leave very quickly. So that's another little thing that I do for myself that might be helpful for other people too. I know there's a much greater sense that's

PAM: birthing of our co-creation abilities as well. That we haven't really, we've been victims in this life and many, many lives, but there's a much greater sense of stepping into spiritual sovereignty, co-creation. And I've said this several times in videos that when I wake up in the morning, I choose the emotion that I'm going to dominate my day with. I choose peace. I choose joy. I choose love. And I will emanate that rather than waiting for external, for external, yes, yes, define my reality. I'm going to define my reality from the inside world.

And I think more and more people are really stepping into that. And if we all did that and say, okay, we're all going to choose love, we're all going to choose joy, we're all going to choose peace. Then what a different world we would create, I think, really quite quickly. Yes. In this reactive position, we're going to feed what we absolutely don't want and then blame it for giving us a hard time

DAVID: . So I agree. Yes, I totally agree. And this is one of the things I try to share with people a lot and like with the live streams that I do as well. It's that by moving into heart intelligence, you are moving into responsibility rather than reactivity, you're giving up reactivity and you're moving into your true intelligence, which is the ability to create exactly what you would love to create, not being a feather in the wind is blowing this way, that way, every which way, but when, and feeling like you've just survived today, rather than you've just created a very beautiful day for yourself.

And it's exactly as you said this is what is happening, there's people's programs, paradigms, energies that were inside them that were part and parcel of that reactivity is coming out. That's why we're seeing so much reactivity in people because it's actually trying to leave. It can't be here in amongst rising energies the way they're going. Higher energies always take precedence over lower ones. That's the way that everything is set up in reality. It's by design it's the fundamentals of how, in my view, how this universe and perhaps if I'm so bold, others are designed as well, is to make sure that everything, if you do experience densification, that the predominant energy as long as you are allowed in, the higher energy will take care of it for you. You know, you don't get, you don't have to be stuck in it. But people get caught in things because they start playing the victim role they start pretending that they are a victim to their circumstances.

And I say to people, well, in truth, no, your energy emission has requested the experience to come to you for a certain lesson unfolding. And if you get caught up and it might seem like you were a victim to that x, y, z happening, then in truth, you're not. And if you could rise above that and say, right, okay, my eye self, what is it within me that I have requested person a group B or events, see

whatever it is that's going on. There's bothering you, how on earth did I request that?
And can you show me the energy? Ah, there it is. I see it now. Okay, I wish to move beyond that. And give it to your high self, let your high self break it down and replace it with your high self love light, if that's what you wish to do, so that you can move that energy out, and you can replace it with your higher intelligence so that now you're emitting in its place, the higher intelligence of your high self very simple method for dealing with these kinds of things.
And just be aware of how you are holding and refusing to let go. Sometimes these sort of aspects of us that sometimes people love the drama of things and they want to keep holding it there and they want to keep engaging with somebody in debate or argument or something.
Well, it's your choice to do that if you wish to, but the sooner you get tired of it, and you realize you want to let it go, then you can go through that simple process of doing it, but definitely core creativity and creating your life exactly as you wish it to be is what I believe and I feel that you're of a similar view is exactly what we're moving into for sure.
PAM: Yes, beautiful. Thank you, David. And I'd just like to pick up on what you were saying here, because it's something I've talked about before that the higher frequency energy will always be dominant over the great psychotherapist, Dr. David Hawkins, talked about this and thought leaders like Joe Despensa, Dr. Bruce Lipton, talk about it, that it just takes a very small number of us, a very small percentage of us to actually cascade down and positively affect the whole.
DAVID: Well in a way, it's interesting because I'd like to describe some of the actual physics of what happens there or the energy behavior, what happens there. And it happens like this because all densification is not a primary form. It's a created form and it has to be held in place by intent, whereas unity is something which is primary. It's natural. It was always there. You don't have to hold that in place.
And so as you know, you make a choice to open up to higher consciousness, light consciousness, whatever you wish to call it,

you're actually allowing the dissolution of the holding in place of the densification of the trauma of the whatever it is that you're gripping in place. And so in a sense, it's actually a very simple function of Source love intelligence as primary.
And we can have these experiences of densification, which are secondary creations. They're not primary. And they're only there so long as somebody is using their intention to keep them in place.
PAM: That's really interesting way to look at it.
DAVID: Yes, yes. And so underlying them is now collapsing. Well, if you look at it, this lends itself to what's been happening. Why is it, and I say to people, why is it that the we're saying, oh, what's been done to the human race, this race and those beings and done this and everything else. But they've never shown themselves. What they do is they try to influence your decision making to get you to keep holding onto, in other words, to keep going with holding X, Y, Z in place to keep holding the environment of low energy density right there.
You look at just look at the way, like the news has been, you take your pick the main focus is always to get you to stay in fear, stay in reactions, stay in victimhood to keep holding the false facade of this reactive victimhood reality, non-reality, I should call it in place. But the minute you step out of doing that, and you say, oh, hang on a second. I see it. I see the gig. I see what's going on here. You know, and like you like you say, no, I'm going to choose to create the world I would love to live in. I'm not going to be influenced by other narratives or external programs, any of that. I am going to choose, I want to live through peace today. I want to live through be more kind, being loving or whatever it is that you want to experience.
And then you choose from your creative power to do that and watch things change when you step out of that victimhood, because a lot of these forms that have been created have had so much energy, so much emphasis and focus put on them, they almost behave as if they're independent entities within themselves. And people talk about thought form entities and those kind of things. Well, they are purely secondary artificial creations of people's focus upon a given

thing and as soon as you stop giving it energy, what happens? Oh, it goes away, doesn't it?
So it does dissolve. So this is the thing that's the key here. It's humanity is going through a waking up process and realizing, oh, we were doing it to ourselves all along, weren't we? Yes. Yes, there may have been other people whispering in your ear and getting you to do this and that, but you had the free choice and I know it's been difficult because of the density we've been in, but that's what we're coming out of now. We are learning to understand, no, each of us has always had the power to create exactly what we wish to do. But in the mix of things, we've had all these victimhood and reactive programs playing themselves out that makes us feel as if like we're victims to things.
So, and that's what this unfolding in another way is all about. It's the dissolution, letting go, the recognizing of these old paradigms and programs, allowing once you recognize them is when light starts to move into them, because your conscious acknowledgement of them then opens them up to this light coming in and begin the dissolution process in one way of saying it.
So that can effortlessly dissolve and it's not complicated. It doesn't require whole series of mantras and whatever stuff you want to overlay it with, that's just complication again. Keep it very simple. What is it? The KISS principle. Keep it simple, silly. Just keep it simple, keep it fun. And the light intelligence within you knows how to dissolve things. It knows how to smooth things out. You know, if you just let it, that's another aspect to this as well, I find so I talk a lot in the videos,
PAM: David, about where you're putting your focus and attention. And I often use the phrase, starboard the scary, love in the good. Just starboard out starboard your focus and attention on what you don't want. The starboard scary, love in the good. I know linear time doesn't exist.
So with these my life as an astrologer is going to change out of all recognition. I know it's going to be it's going to be it's going to be, it'll play some start again time, anytime now. We're moving into a very,

very potent, I think, three months February, March, April, with a lot of really, really, really big endings and beginnings.
And is there anything you would like to show your teams would like to share either via you or in channeling or whatever you feel is most appropriate to give us any insight or comment on that.
DAVID: So the next three months are going to be huge and then another big peak in July, if linear time doesn't dissolve completely by then. So the teams, sort of speaking via my high self here and the Source Intelligence would like to give a brief idea afterwards. But okay, so my high self, please go ahead.
So this is the Arcturians are coming through here. And, and I believe also Syrians and Pleiadians as well. And there's some other races on the periphery here as well who are watching. They're very, very happy and very excited for what humanity is going through.
And they're saying you are indeed right. There are what many might consider some archetypal upheavals and very informationally challenging times ahead but they're saying in your human terms the silver lining in the cloud, they're saying, because within this massive amounts of light is pushing this forward and that's the key thing to understand. This is not, oh my God, some black clouds are doing XYZ they're saying all this is coming forward because they're using this word exemplary work of the starseeds, the light workers down here, they're being very clear about this by opening up these spaces so that so much more light can come through and the light that is flooding, they're saying your realm right now.
And they're saying our message is this.
“Be of good heart for no matter what you hear and see, it's related to old paradigms and it is moving away. And we ask you as heart-centered beings, the very simple and powerful thing you can do is practice being in the space of your heart intelligence, practice being in the stillness, practice being in the peace of it for when you are there, it's like being in the eye of the storm, you are in the center of peace, you are blissful, nothing spinning around you is affecting you, and it really doesn't affect your energy at all, you can sit there smiling like the Buddha, we thought you'd like that one, but it is very true. Laughter, joy, peace and bliss, these are very much interchangeable

energies even though it might seem that they're not laughter being full, but it's all part of the same Source energy, it's the same qualities."

And so they're saying that "The necessity of what's coming to come forward is these are necessary steps to undo all programming and release all programming from people, even though they don't even, they may not even be aware they have it. And so this is part of the process. The more relaxed, the more fun and just *allowing* and just, particularly when you hear pieces of information that might be shocking to you, it might challenge your narrative of what you think the world is or is not or etc."

They're saying, "Be at peace with it. Know that the real foundation of how reality works is held in the highest possible hands. Things haven't gone wrong. This is the clearing of your reality perception from old rubbish that has been causing you to believe that your world is full of chaos, full of dross, full of awfulness and that kind of thing. That is going to disappear. It is disappearing rapidly."

And they're just asking for people, "Allow yourself to be in the center of the eye of that storm. Be in joy, be in peace, allow what needs to come, free from you, to come free. Don't react to it and you will sail through this very well."

PAM: My that's beautiful. Thank you, David. My sense is by the end of this year, even, our world will be very different indeed from how it is now.

DAVID: They're saying that's a big yes. Yes, it is. They're saying they're expecting it will too, though there are certain groups of humanity that have no conception about all these goings on and everything who will be quite rattled by this.

But they're saying "Our request of you, dear light workers, is to be of comfort to them, help them and just to *allow* them the space to go through what they need to go through, try not to imprint your ideals or ideas onto them by telling them what you think, who did what, when, where, how, We would discourage that."

They're saying what we would encourage is the idea to help them understand you have Source Intelligence within you. Try to relax. Try

to be in peace, reach into that and you will understand for yourself from within yourself what is going on.
And it's got nothing to do with anybody else's perception, including mine. It doesn't matter who it is because your own unique Source Intelligence is there, you'll go to it always.
And I always say that to people, don't look at other people. Do not look at me. If I sort of catch people trying to put me, I'll say, no, no, you're stopping to know, you need to look within because while you're looking at me, you're not looking within yourself, you're getting distracted and that's not the point of this.
The point is you have the same Source Intelligence within you. Look for it, allow it forward, allow it to emanate within you.
And one of the things that the Source Intelligence came through very strongly a couple of nights ago is another two nights in succession was that just allow it to present itself even more inside you. And if you make that intention and that request, it will honor free will, it's not going to overstep your free will as a personality form, because that's part of the game that we're playing in.
So you can request it and the more you synergize, the more you let Source Intelligence come from your core, your heart center, and flood your body, literally like as if you're in this most beautiful ocean, you're just relaxing into it, you're just lying on the surface and letting the ocean support you.
That's exactly what it will do. It wants to do that, but it will not overstep your free will, you have to make the choice to allow it through and invite that Source Intelligence from your core to flood you, to fill you with joy and even transmute change, clear things that you no longer wish to have in your life. It will do that for you.
Sometimes it needs you to recognize them consciously because the grip that you are using, your free will to hold it in place, needs to be recognized first before it can dissolve it away, because if it just dissolves it away, but your grip is still in place, you're going to read, you're going to replace that, you're going to do it again.
So that's very important. So people say, Oh, I've invited Source to dissolve it. It's not dissolving away. So you're probably still holding it in place and you don't realize yet. I've done that many times myself,

so I know what that's like. And so, okay, so my high self and my teams and Source Intelligence, is there any other message that you like to share this time?

So the Source Intelligence is coming through and it's and it's interesting because what the Source Intelligence is saying is rather than give a message, a channeled message, what that intelligence is saying is, can you feel that very same energy that would be coming through in a channeling within you? And if you can just close your eyes just for a second and just feel that Source Intelligence and relax with it, then really relax with it.

And the Source Intelligence is saying just allow yourself to surrender and immerse within and allow the Source Intelligence to present itself to you and fill and flood you and just feel that in a very gentle rhythmic breathing that can be as slow or as fast or as deeper or shallow as you wish it to be that gives you the most comfort, the most joy in the most relaxation that is rhythmic breathing.

And so Source Intelligence is saying “Dear ones, this is how simple it is, this is within you, it has always been within you and will never leave because this is where you come from, no matter your experience, no matter what it is that is unfolding, Source Intelligence is your core, it is your center and it is always there and available for you. This is the energy that is there in the center of any storm you experience.

And it is saying “Now as you sit in the eye of whatever storm you happen to sit, allowing this energy to come forward, feel now if you wish the energy of Source Intelligence now filling and pervading the very storm spinning around you itself and give that storm and any way in which you are creating or holding that storm in place to the core Source Intelligence within you and allow it to dissolve.”

This is a very simple exercise in the coming days and weeks and your months, as major energies are going to shift, major paradigms are going to be shown to you and although many may be uncomfortable in whatever way that is to you, uniquely, sit in the peaceful core energy within you and allow if you wish all agitation of the storm swirling around you to be filled with the Source emanation

that comes from your center and watch how gentle and peaceful the storm settles down.
And remember, Source Intelligence is the primary intelligence, the unified feel whichever you wish to call it behind all things. And as an individuated creator with free will on this planet, you can make the choice to invite Source energy in or stay as you are. But you are invited to see the difference of what it feels like to be in a storm of your experience and to allow Source Intelligence to soothe and dissolve and disappear the energy of that storm. And so it is.
PAM: Thank you. Beautiful, beautiful channeling. You've given us some really magnificent sharing.
DAVID: Yes, you're welcome. Do you know, I didn't expect, because I tuned in before and asked if they wanted to bring a message through and they said just simply that message. But as Source Intelligence came through, it just sort of slipped into that state.
And I believe from myself as a human, that's actually what I was going to speak of as well, just as a final recap, because I know that we're at the end of the talk now. And it simply is this, that we can create as much discord and chaos through our free will as we can peace and synergy. It depends on how or whether we respond or whether we react.
And one of the things that the Source Intelligence, my high self, I have always been saying is exactly that. If you feel yourself in turmoil, come back into your peace. Just breathe, just relax, disengage from the drama, and disengage from the active energy of whatever it is you do. And then that sometimes that could be difficult. Sometimes you do need to go for a walk in a forest just to get your mind off of it and release its grip. But just go into the peace and feel because you're when you imagine it, Source Intelligence has created this solar system, this galaxy, this universe, just vast, unending realms. It can handle anything that you're going through.
PAM: Yes, exactly.
DAVID: And you are that energy. It is the master physicists, the master artists, the master chemists, the master poet, the master everything, the master creator. And you are of that energy. You are not separated. You have access to all of that.

But you've got to allow it to come in because through the experience of densification, using free will to make, perhaps you might make “wrong choices”, whatever you want to call them. We've sort of made ourselves think that it's not there and we're separate and we're just trying to scrape up the pit, trying to get out and it's not like that at all. It's always there.
But we've been so preoccupied with distraction, about trying to get everything in our outer world organized just as the way we want it. Well, it will never work that way. It falls into place beautifully when you emanate that Source Intelligence within.
You don't need to grab plan, push force, whatever you want to call it. It all happens very autonomously because the Source Intelligence organizes everything for you because it knows exactly what brings you the most joy and it will organize things if you allow it to come through and fill you in that way to do just that. And so I think that's a lovely place to leave that with people,
PAM: Yes, really, because it is some wise person said the way out is in.
DAVID: That's a very true thing.
PAM: Once you're sitting in that place of peace or joy, you magnetize in effortlessly what you want in your reality.
Whereas we all live through the 3D, if you set a goal, you plan, you go to see bank manager, you get a bank loan it's very logical and linear.
You don't have to make that effort as we're going forward into higher dimensions. You just set your frequency internally, broadcast that out and things arrive, synchronicities, meetings, coincidences..
DAVID: And they do. And it's the Source Intelligence that organizes that for you and it does it in ways, in different layers and multi-dimensional ways that we're generally just not aware of, but it does that. And people, when they have those wonderful experiences, when it happens, wow, look what just happened. Yes, it's all been put into place for you, hasn't it? It's such a beautiful thing. And that's the aha, the beautiful aha's that I hope many people start to get and they start to realize it really is always inside you. That's not just a nice

pretty metaphor or a nice feel good one line at a big queue up. That's not what it's about. It is very real. It's very true.
And for me, as somebody who's come from a very head centric space being a theoretician to where I am now, I've had profound experience of colossal clashes inside myself of going from there to here. And I'm still evolving. There's still more just unending beautiful experiences to have it doesn't stop.
So yes, I hope that brings people good cheer and knowing that because I think one of the things I see people doing a lot with these energies coming out is they are sometimes stepping back into all reactive ways. And that will pass as people allow and relax and give up the fight, so to speak fighting within themselves.
But with the advice that has been given today from the Source Intelligence and the teams is just simply relax with everything, allow the storm to quell, allow Source Intelligence to soothe it, dissipate it, because it only has the energy to keep spinning as long as you give it energy to keep spinning. That's the big thing.
And again, that's not a metaphor. That is just literally energy in motion. If you stop giving it energy, it has no energy to move anymore. It will stop.
PAM: Beautiful David, you've just showed us with gifts yet again. I'm just so grateful, so grateful. I can feel my consciousness expanding every time I speak with you. So I think everybody listening to this, I think, I hope everybody will have absolutely loved it and felt expanded and elevated by it.
It was so exciting to hear about the membranes and the bubbles and that's been "pumped up" with high frequency energy. And we really are on the ride of our lives I think.
DAVID: And just one last thing on the membrane is that by emanating more Source energy, we are literally filling the interior of that membrane with that energy as well. So collectively, as we do that, we're adding to this exponential rise in interior uptick of energy within inside the membrane. So yes, just they did mention that what you said.
PAM: That is very, very valuable. Thank you so much for your time, David, I know what a busy person you are, but it's always so

precious to share with you.
DAVID: So yes, and likewise, definitely. Thank you for having me on. I love talking to you always and hello to all of your audience. I hope you get as many ahas as you'd love to from this and I wish you all a very beautiful day.
PAM: Thank you. Love to you all. Love to you all. Love to David. Bye for now.
DAVID: Bye-bye.